1. Press 'Min' button to set minutes. Press 'Sec' button to set seconds. Hold down the button to advance the digits quickly

- Press 'Start/Stop' to start timer.
 To pause the timer, press 'Start/Stop'. Press again to resume timing. To cancel timing, first press 'Start/Stop' to pause the timer, then press 'Min' and 'Sec'
- 4. When alarm beeps, press 'Start/Stop' to turn off alarm. The timer will recall the last set time. Otherwise, the alarm will sound for approximately 1 minute then turn off automatically.
- 5. Press 'Min' and 'Sec' at the same time to reset to zero.
 6. The timer will time up to 99 minutes and 59 seconds.

INSTRUCTIONS FOR USE:

at the same time to reset to zero.